FHS Dual Credit Information Night

Kaela Holm FHS School Counselor

Noelle Mills
FHS School Counseling Intern



What is Dual Credit?

- Earn both high school and college credits or industry certifications simultaneously
- Save time and money on college/post-high school education
- Multiple program options available:
 - Running Start
 - EWU
 - SCC
 - SFCC
 - College in the High School
 - EWU
 - CWU
 - NEWTech Skills Center
- Take advantage of choice and offerings beyond FHS



Running Start

- Program for juniors and seniors (includes summers for current sophomores)
- Attend college classes at EWU, SFCC, or SCC
- Full time or Part time options
- College tuition covered by state funding
- Student Financial Responsibilities:
 - Books
 - Transportation
 - Course fees
 - Student fees



NEWTech Skills Center

- Career and Technical Education for juniors and seniors
- Half-day programs
 - Mornings a must for FHS students
- Industry certifications and course articulation through CCS
- Programs include:
 - Health Services
 - Professional Services
 - Skilled Trades
- Student Financial Responsibilities:
 - Supplies and course kits
 - Transportation
 - Test/exam fees



College in the High School

- Earn college credit while remaining in the classroom at FHS
- Learn from your high school teachers
- Partnering Universities
 - o EWU
 - o CWU
- Zero tuition costs
- Courses paired with AP—allowing students to prepare for AP exams simultaneously



How to Prepare for Dual Credit Opportunities

- Communicate, communicate, communicate
- Reflect and be thoughtful about your:
 - Learning style
 - Independence
 - Goals and Priorities
 - Schedules yours and your family's
- Schedule a meeting with Ms. Holm
- Plan for Graduation Requirements and Prerequisites
- Complete the Running Start Agreement Form or the NEWTech Agreement Form



RUNNING START AGREEMENT FORM



Freeman High School

NEWTECH AGREEMENT FORM



Freeman High School

A few more thoughts...

Running Start

- College credits and how they count at FHS
 - o 5 college credits = 1 high school credit
- In person vs Online
- The EVF
- Deadline Expectations
- Summer and the paperwork process

NEWTech

- Cross-crediting for core credits
- Applications
- 7-period day and courses at FHS



Running Start at the Community Colleges





- Any rising junior or senior enrolled in a public high school
- No GPA requirement
- Earn AA Degree while earning HS Diploma
 - Students can attend Full Time, Part-Time, and/or Online

THE BIG QUESTION HAT DO THE EGES OFFER?



120+ diverse programs of study

Over **1800** Spokane students choose Spokane Colleges each year, earning an average of **3.1** GPA!

Earning over **10,000** Tuition Free Credits for a savings of \$1,275,900.00



Start here, transfer there!

- 90 credits must be full-time to achieve DTA while in high school
- Closely matches up with high school graduation requirements
- Meet with Running Start Advisor/Counselor for advising and to create degree plan

DIRECT TRANSFER DEGREES







Running Start for Careers

15 – 21 credits a quarter

Costs: Course fees, student fees, tools, and books

If interested: contact your high school counselor right away

to see if Running Start Careers is the right fit for you



Running Start for Careers

Example Progams of Study

- Accounting Assistant
- Automotive Tech
- Collision & Refinishing Tech
- CAD Design & Drafting
- Cosmetology
- Criminal Justice
- Culinary Arts
- Electronic Engineering Tech
- Fire Science

- Heating, Ventilation, Air Conditioning, Refrigeration
- Machinist/CNC Tech
- Mechanical Engineering Tech
- Medical Office Specialist
- · Network Design
- Paralegal
- Welding



STUDENT SUPPORT

- Running Start Center
- Library
- Tutoring Center
- Counseling
- Pride Center
- Student Government

- Health Clinic
- Multicultural Student Services
- Workforce Transitions
- Disability Access Services



Information Sessions

SCC Campus

March 11 @ 5:30 pm Lair Student Ballroom

Sign up



SFCC Campus

March 13 @ 6:00 pm **SUB Lounge**



Spring Quarter 2025 March 11, 2025

Summer Quarter 2025 June 10, 2025

Fall Quarter 2025 August 27, 2025





Spring Quarter 2025 March 11, 2025

Summer Quarter 2025 June 10, 2025

Fall Quarter 2025 August 27, 2025



HOW DO I APPLY TO SCC/SFCC?

www.scc.spokane.edu

OR

www.sfcc.spokane.edu





We have received your application to the SCC Running Start Program.

Items YOU MUST complete:



CHECK your email regularly – emails will guide you through your next steps, look in spam/junk folders, make us an unblocked sender and set up a Running Start email folder. If your email changed, please contact us immediately.



ACTIVATE your student account - see email for instructions.



MUST submit your high school transcript. Send to: SCC.RunningStart⊚scc.spokane.edu



SET UP your phone voicemail system.

Running Start office is located in building 15, room 122



- · Complete application
- Submit a transcript to the Running Start Office
- Complete Online New Student Orientation
- 1. Grad Tool Requirement
- 2. Enrollment Verification Form (EVF)
- Tour Week: End of August



THANK YOU QUESTIONS?

SCC Dual Enrollment

Building 1, Room B104

scc.runningstart@scc.spokane.edu

(509) 533-8062

SFCC

Concurrent Enrollment

Building 17, Room 127

SFCC.ConcurrentEnrollment@sfcc.spokane.edu

(509) 533-3435





DUAL & CONCURRENT ENROLLMENT



Why EWU Running Start?

- Dedicated advising team
- Priority registration opportunity
- Free STA Transportation
- Course flexibility
- Free/Reduced Lunch Book Loan Program
- Part-time or Full-Time
- Faculty/Staff mentoring and support
- Jump start into your major/minor
- Assistance with transitioning to your undergraduate work





Available to you as a Running Start Student:

- Course Scheduling Assistance
- Study Skills Day Event
- Lunch and Learn
- RS Skate Night (Break from Finals)
- All-Major Career Fair
- Pizza with Professors
- Senior Graduation Celebration

2023-24 Academic Year GPA Average 3.21



Eastern Washington University Resources Available to you as a Running Start Student:

Academic Resources:

- Writer's Center
- PLUS Tutoring/Study Groups/Academic Coaching
- Math Lab
- Online Drop-ins
- Career Center
- Accomodations & Support Services (SASS)
- Counseling and Wellness
- Financial Wellness
- Food Pantry

Recreational Resources:

- URC Fitness Center
- Ice Arena
- Rock Climbing Wall
- Sports and Recreation Center (PHASE)
- Aquatic Center
- EPIC Adventures
- Clubs!



Expenses Covered:

- Tuition costs are covered 100% (Fall, Winter, Spring, and Summer)
 - * for approved credit allotment, and Summer
- English and Math Placement Survey
- Two Math Placement Exams
- Undergraduate Application fee to EWU after completion of Running Start (Savings of \$60)



Expenses Not Covered:

- Course and Lab Fees
 - ~\$60 a quarter
- Books and Supplies
 - ~\$150

^{*}Free/Reduced Price-Lunch Students do not pay for course and lab fees or books.



Who qualifies?

- WA State high school juniors and seniors
- Cumulative GPA must be 2.7 or above:
 - 3.0+ automatic admission
 - o 2.7-2.99 a letter of recommendation is required
 - Letter must highlight:
 - Autonomy
 - Self-Motivation
 - Time-Management skills
 - Analytical Thinking skills
- Homeschooled/Private school students are encouraged to apply as well!
 - Must enroll at local public high school





Application Process:

- Apply Online:
 https://www.ewu.edu/highschool/run
 ning-start/
- You will need:
 - Counselor Approval
 - Parent/Guardian Approval
 - Upload Transcript
 - Letter of Recommendation if GPA is 2.7 - 2.99





Grad Plan:

Freeman School District

2024-2026 Running Start Graduation Plan

	one must be POLI or ECON for liken, student awarded 0.5 cr in
POLI 100*	
ENGL 101* ECON 100*	Running Start advisors to track progress
NGL 113/114*	towards completion of high school
ENGL 201* ECON 201*	graduation requirements.
Group B Literature: POLI 203*	
NGL 170* POLI 204*	Keep in mind that to be eligible for
SNML 212* POLI 300	Running Start in a student's senior year,
HUMN 210*/211* POLI 313	the student needs to have at least one remaining high school requirement to
GWSS 101*	take in Running Start going into their
HIST 102	senior year.
Senior English any one 5-credit course not previously taken from HIST 103	
Froup A or B, or from the subjects below: HIST 105*	Remaining HS graduation requirements:
HIST 106*	54 10 10
inglish HIST 204*	
Philosophy* HIST 301*	
CRWR 210 Comm. Studies* SOCI 263*	
Occupational Edu JS History Take any 100-level or abo	
ake any one course below: with HSBP after consultat	tion with HS counselor and
AAST 214*	P2
AAST 215*	
AAST 220* Health & Fitness (1.5 PE/0.5 Health)
CHST 218*	
DST 101* PHED 100+	
HIST 111 or 112* HLED	
HIST 313* World Language	-
ne, Visual, Performing Arts	
100 or above	
Mathematics	
100 or above	
Cience ke any one 5-credit Science w/ lab Algebra-based biology, emistry or physics required for college admission.	
100 or above	

Asterisk (*) designates courses that meet EWU General Education Requirements.

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300 Senior Hall | Cheney, WA 99004 | 509.359.6155 | runningstart@ewu.edu | ewu.edu/runningstart



Important Dates:

Application Deadlines Per Terms

*Spring Quarter	March 4, 2025
*Summer Quarter	June 5, 2025
*Fall Quarter	September 2, 2025

*Applications will go live on January 22, 2025

What our former RS student says about EWU's Running Start Program





Ryan Finner

Three Springs HS

Started F22, currently Undergrad student at EWU

"This program has been a transformative platform for personal growth, fostering a sense of responsibility, developing advocacy skills, and laying the groundwork for a well-prepared future while remaining adaptable and seizing every opportunity to learn and grow."

College in the High School

- Eastern Washington University
 - ENGL 101
 - ENGL 170
 - MATH 141 & 142
 - o POLI 100
- Central Washington University
 - o PHYS 111 & 112
- AP Courses are also dual credit, but an AP exam must be passed with a 3, 4, or 5 and are institution dependant







- Save money and get a jump start on college credit
- Balance extracurricular activities while enrolled in college classes
- College exposure
 - Access to University resources, staff and faculty
 - Support and guidance on EWU admissions process
- Earn college credit while being in the comfort of your own high school with familiar teachers
- Earn college credit by passing your class instead of passing a specific exam
- Credits are transferable to WA State universities and community colleges



EWU Resources for all CiHS students

- Writer's Center
- Math Lab
- PLUS Tutoring/Online Tutoring
- JFK Library Resources
 - Databases, Research Guides, Equipment Checkout, Multimedia Commons
- EagleCard*
 - Sporting Events





Expenses Covered by EWU in the High School

- Tuition*
- English and Math Placement Survey fees
- Course and Lab fees
- Textbooks

*Private school students pay \$65 per credit





Who Qualifies?

- WA state high school freshman, sophomores, juniors and seniors
 - Prerequisites may be required for certain courses
- No ACT score, SAT score, or GPA requirements





Important to Know

- Real college courses
- Enrollment impacts future Financial Aid
- EWU in the High School students <u>are</u> EWU students
- Go Eags!





Classes Offered at Freeman HS

Course Name	Course Code	Term	Instructor	EWU Requirement
Introduction to Literature	ENGL 170	Yearlong	Daniel Thompson	BACR: Humanities & Arts
Precalculus I	MATH 141	Fall Semester	Angela Frye	Mathematics Proficiency
Precalculus II	MATH 142	Spring Semester	Angela Frye	Mathematics Proficiency
Political Science	POLI 100	Yearlong	Matthew Smith	BACR: Social Sciences

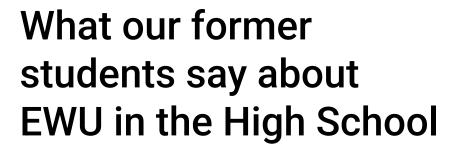
Don't see the course you're looking for?

Try supplementing with Running Start in-person or online!



Application Process

- Complete EWU in the High School Orientation (on our website)
- Work with your teacher on the registration process
- Apply Online: https://apply.ewu.edu/apply/
 - Create Account
 - Start a new application
 - Select "EWU in the High School"
- If students apply and continue to earn credit each year, they do not need to reapply



2023-2024 Student Satisfaction Survey

"I would highly recommend this [program] to one of my friends next year."



2023-2024 Student Satisfaction Survey

"Participating in this program was a great experience for me. ...the experience of engaging with college-level coursework was fun and stimulating, allowing me to grow without the pressure of having to pass an Advanced Placement exam to earn the college credit on my shoulders. I encourage programs like these in the future, as it inspires students and take initiative to learn harder academics, but it also allows them to believe in themselves and believe that they can pass a harder course."



Want to learn more about our program:

Preview Day (Cheney Campus)

In-person:

March 13, from 6PM-7PM

Virtual:

March 15, Zoom from 10AM-11AM

Weekly Campus Visits:

Email Andy - <u>aaldaco@ewu.edu</u>

Off-Campus Dual Credit Nights

February 10.

EWU Catalyst Building, 6PM-7PM. 601 E Riverside Ave, Spokane, WA 99202

February 24.

Public Library, 6PM-7PM.

44 E Hawthorne Rd., Spokane, WA 99218

March 3.

Spokane Valley Public Library, 6PM-7PM. 22 N Herald Rd., Spokane Valley, WA 99206

Visit our website for registration information



Contact Us!

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509.564.8143

Counties: Adams, Lincoln, Spokane

cihs@ewu.edu

509.359.6187



Andy Aldaco

aaldaco@ewu.edu

509.359.6136

Zoom:

https://ewu.zoom.us/j/6811429922

runningstart@ewu.edu

509.359.6155



NEWTech Prep

Your Potential is Our Pursuit

4141 N Regal Street Spokane, WA 9207

WHY NEWTech?

18 different programs.

3 Pathways: Medical, Skilled Trades, and Professional Services

Some programs offer dual credit and are articulated with local colleges

Some programs offer equivalency credit. You can earn HS Math, Lab Science, English, Art, CTE, etc.

You can earn industry certifications to help you get a job and take the next step in your training and education.





Current Program Offerings for 25-26 SY

Medical

- Dental Assisting
- Medical Assisting
- Nurse Assisting
- Pharmacy Tech
- Veterinary Assisting

Skilled Trades

- Automotive Technology
- Automotive Technology & Diesel
- Automotive Service Management
- Collision Repair
- Construction Pre-Apprentice
- Energy & Power Pre-Apprentice
- Welding Technology

Professional Services

- Airplane Maintenance & Pilot Ground School
- Cosmetology
- Culinary Arts
- Criminal Justice
- Digital Media
- Graphic Design & Digital Arts

How to Apply to NEWTech PREP



Application for the 25-26 SY opens Feburary 1,2025.

Attend Career Night at NEWTech, January 23, 2025 from 5:00- 7:30pm, attendees will receive an early application link for next year.

If you want to enroll midyear, attend a Tuesday Tour at NEWTech, registration is on the NEWTech website.

You may not get in your first choice so add your optional choices.

Mid-Year Enrollment Projected Openings S2 24-25 SY

Projected openings for S2 (so far) ...

- Auto Service Management
- Construction
- Criminal Justice
- Culinary
- Digital Media Production
- Graphic Design
- · Pilot Ground School
- Pharmacy Tech



- No room yet but may be able to add to...
 Auto Tech / Diesel

 - O Collision Repair
 - Cosmetology
 - O Electrical
 - Welding
- These programs DO NOT accept new students:
 - O Dental
 - Medical Assisting
 - O Nursing
 - O Vet

FOLLOW US for News, Events, and Updated NEWTech Prep information:



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Questions?

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